



## Job Description

<b>Job Title</b>	Coach4Independence – Practitioner (HFH) based 3-miles from Penrith
<b>Responsible to</b>	Head of Services & Registered Manager
<b>Salary</b>	£31,096.00 per annum (£14.95ph)
<b>Hours</b>	2080 per annum (permanent / full time)

### Aims and purpose of the role:

Are you someone who wants to make a genuine difference in people’s lives - not by caring *for* someone, but by sharing life *with* them?

We are looking for a compassionate and enthusiastic person to support three housemates to live independently and create a life that truly reflects who they are. This is about walking alongside people - building confidence, encouraging choice, and celebrating everyday moments together.

In this role, you’ll support people to get out and about, experience normal everyday life, and enjoy everything their local and wider community has to offer - from simple daily routines to new experiences in a beautiful rural setting. You’ll help enable the development of practical skills, growth in confidence, and feel achievement.

Through person-led coaching, you will coach with daily living, health and wellbeing, and meaningful community engagement. You’ll empower individuals to build on their strengths, develop resilience, and maintain their independence - while feeling valued, connected and part of their community.

This is a deeply rewarding role where relationships matter, small steps make a big difference, and every day is about enabling people to live their best lives - on their terms.

*In order to be selected for interview please ensure you demonstrate how you meet the essential criteria of the role and our values within your application.*

1.	Key Responsibilities
	Provide coaching with everyday living - living an ‘ordinary life’, empowering and building independence through coaching to maintain a safe and healthy home, enjoy recreational and community activities, build friendships and explore new opportunities.
	Support individuals in managing their mental health and emotional wellbeing, including recognising early signs of distress and promoting coping strategies
	Promote positive risk taking and complete risk assessments and incident documentation to implement prevention and solutions in everyday support routines
	Maintain clear and accurate records and communicate effectively within the team, including observations related to behavioural changes
	Work collaboratively with colleagues and professionals to ensure high-quality, holistic support
	Uphold professional boundaries and contribute to a respectful, supportive work environment



<b>2.</b>	<b>Teamwork &amp; Values</b>
	Work collaboratively with all coaches and team leaders
	Uphold the values, ethos and inclusive culture of 4EDEN
	Undertake any reasonable duties consistent with the role
<b>3.</b>	<b>Additional Expectations</b>
	Maintain the highest standards of professionalism at all times
	Ensure compliance with organisational policies
	Promote a positive, collaborative and professional working environment

### Person Specification – C4I – Practitioner (HFH)

<i>Experience, Skills, Knowledge &amp; Experience</i>	<i>Essential</i>	<i>Desirable</i>
A compassionate, proactive and respectful approach	✓	
Trauma-informed training, an empathetic approach to support individuals with diverse mental health needs (training will be provided)		✓
Understanding of how mental health impacts daily living and the ability to respond sensitively and appropriately		✓
Demonstrable experience of nutrition, health and wellbeing, personal care and medication administration	✓	
Strong communication and record keeping skills, including documenting emotional and behavioural observations		✓
Positive and calm attitude, especially in emotionally challenging situations	✓	
Flexibility to work varied shifts on a rota basis, as this is a 24/7 service	✓	
Commitment to professional standards and continuous learning	✓	
Transferrable skills	✓	
Current full UK driving licence and use of a vehicle, due to travel from your home to theirs	✓	
Experience supporting adults with additional learning needs, learning disabilities or neurodiversity	✓	

To support your application, please refer to our social media pages and website for further understanding of the 4EDEN values.



## Why join 4EDEN

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❖ A meaningful role with real social impact
❖ Opportunity to change perceptions and promote understanding within the community
❖ Supportive, values-led workplace
❖ Enrolment into our workplace pension scheme into which 4EDEN contributes 3% of your salary if you meet qualifying criteria
❖ Enrolment into an employer paid healthcare scheme that allows you to claim money towards the cost of dental, optical and other medical expenses and additional benefits for your well-being with the option to add your partner and free children's cover
❖ Your birthday off every year – paid
❖ Training and development opportunities
❖ As a valued member of our team, you'll be eligible for the Blue Light Card, giving you access to a wide range of discounts across retail, travel, leisure and more (subscription reimbursement)
❖ Guaranteed monthly salary BACS into your bank account 3-working days before the end of every month
❖ Introduce a friend scheme- £100 for you & £100 for your friend (subject to terms and conditions)
❖ Branded workwear
❖ Christmas voucher

We're actively hiring, so if you're keen to join a fantastic team and contribute towards enabling people to live their best lives, we would love to hear from you!

Submit your application today or contact us directly to learn more!

Email : [office@4eden.co.uk](mailto:office@4eden.co.uk)  
Telephone : 01768 892014  
Website : [www.4eden.co.uk](http://www.4eden.co.uk)